

Evaluaciones Psicológicas

- Problemas de Aprendizaje
- Trastorno de Déficit de Atención
- Traumas
- Problemas de Memoria
- Autismo
- Inmigración
- Problemas de Desarrollo

Entrenamiento Básico y Rehabilitación Psicosocial

Estos servicios se enfocan en enseñar al paciente a mejorar las habilidades de día a diario como la limpieza personal, como presentar una apariencia apropiada, como mantenerse seguros y salvos, y herramientas para la comunicación básica. También se enfocan en manejar las emociones, problemas, y a comunicarse de una manera apropiada y eficaz. El paciente trabajara con una persona entrenada y especializada en trabajar con menores. Los servicios se proveen en casa,

Psicoterapia y Consejería

Estos servicios son para Niños, Jóvenes y Adultos e incluyen problemas con/de:

- Depresión
- Ansiedad
- Ataques de Pánico
- Traumas
- Abuso Sexual
- Angustia
- Comportamiento
- Enojo
- Problemas de Familia y de pareja

Psychological Services

- Psychological Assessment
- Neuropsychological Assessment
- Group and Individual Therapy
- Grief and Loss
- Trauma
- Physical, Emotional, and Sexual Abuse
- Developmental Disorders

Rehabilitative Mental Health

- Psychosocial Rehabilitation (PSR)
- Basic Skills Training (BST)
- Day Treatment Groups
- Individualized treatment planning for every service.



INNOVATION
Behavioral Health Solutions, LLC
The Offices of Dr. Sandra Gray, Ph.D.

PAYMENT OPTIONS

- NV Medicaid Fee for Service
- Tricare (out of network provider)
- Aetna
- BHO/Sierra Health/HPN
- Victims of Crime
- Mines & Associates
- Sliding Scale Fee (based on income)
- Cash/Credit Card

Dr. Sandra Gray, Ph.D.
Licensed Clinical Psychologist

6655 W. Sahara Ave., Ste. B200
Las Vegas, NV 89146
P:702.900.2784
F:702.940.6154
www.DrSandraGray.com

Hablamos Español

SERVING
SOUTHERN NEVADA
SINCE 2008

OUR APPROACH

IBHS, LLC has been providing services to Clark County since 2008 and we take pride in our services and training tailored to the patient and/or family's needs, values, culture, and strengths. IBHS, LLC uses psychological measures considered Gold Standard in the psychological community using the latest technology.

PSYCHOLOGICAL & NEUROPSYCHOLOGICAL EVALUATION

- Autism Spectrum Disorder
- Attentional Problems/ADHD
- Cognitive Evaluations
- Psychoeducational
- Learning Disorders
- Hardship Evaluations
- Personality Testing
- Differential Diagnosis

THE INNOVATION DIFFERENCE.

CULTURAL COMPETENCE

Dr. Sandra Gray earned her Ph.D. in clinical psychology, as well as dual masters in mental health counseling and in psychology. Her dissertation research, training, and experience has focused on racial and ethnic differences in the experience of trauma, specifically sexual abuse. As a bilingual, first generation Mexican-American individual, much of her work has involved working with Spanish-speaking populations and other minority groups. Dr. Gray's pre-doctoral and post-doctoral training focused on psychological and neuropsychological evaluations, respectively.

PSYCHOTHERAPY & COUNSELING

Our clinical professional staff works in a collaborative effort taking a multidisciplinary approach to treatment to provide evidenced based treatment using best practice methods. Psychotherapy areas we specialize in include:

- Sexual Abuse and Assault
- Trauma
- Relationship Problems
- Interpersonal Skills
- Depression
- Anxiety
- Grief/Loss
- EMDR (Eye Movement Desensitization and Reprocessing)

PSR: PSYCHOSOCIAL REHABILITATION

This service is available for both youth as young as age 3 to adults. Individuals work one on one with a qualified professional in the youth's home, in the community and office setting to learn the following skills:

- Behavior Management Services
- Problem Identification and Resolution
- Effective Communication
- Moral Reasoning
- Identity and Emotional Intimacy
- Self Sufficiency
- Life Goals
- Coping Skills

BST: BASIC SKILLS TRAINING

Children & Adolescents learn and gain the ability to socialize and communicate effectively and appropriately. They work one on one with a trained specialist to teach youth proper self care, grooming skills, and hygiene. Personal safety is also an important component of BST as well as other important basic living skills such as time management and organization.